Truro Council on Aging Board MINUTES 3.8.23

PRESENT: Dan Schreiner, Kat Black, Sue Girard-Irwin, Carol Bishop, Damion Clements, Michelle Peterson, Bob Weinstein. GUEST: Kevin Grunwald

- Carol moved and Kat seconded approval of the January and February minutes. All were in favor of approval. Sue abstained on the February minutes due to her absence.
- The Meet and Greet with Michelle went well yesterday.
- Discussion occurred regarding the cards that are available to get a ride home from the
 hospital for those who have gone by ambulance. Damion assured us that he and
 Michelle would take care of being sure that seniors know this is available and that they
 have access to the cards.
- Michelle gave her report on staffing updates. The new administrative assistant, Jen Pierce, is on board. Two new drivers have been hired and are receiving training. The new outreach coordinator is Georgette Ducey. She will start next week.
- There is a new 16 week program offering blood pressure, glucose and nutrition screening.
- The music has made a positive difference in lunch attendance.
- There is a COA board training at the Harwich COA on April 19th. Michelle will let us know about signing up for that.
- There is a new volunteer cook starting April 6. They are advertising for a chef to be hired on contract.
- There is a new program called "Coffee with a Cop" starting tomorrow and being offered monthly by the Truro Police Department.
- Michelle has created a new policy and procedure for transportation.
- The newsletter is no longer being printed by LPI so they are looking at how to do that budget-wise. It was suggested that the Friends of the COA might be willing to help. Michelle will be meeting with them soon.
- It was suggested that we offer rides to Wellfleet for seniors to connect with the bus to Boston hospitals.
- Michelle gave an outreach report, which she has redesigned. She is including sources of requests for assistance.
- Michelle said she plans on a monthly "Coffee with the Director" so that participants can provide feedback and interact with her.
- Discussion of the focus group next steps was led by Kat. She shared what will appear in the March newsletter, from the focus group report.
- Discussion of the white board idea that Carol will champion.
- Dan asked Select Board member Bob Weinstein how to follow up on getting the center opened on Mondays. He said that we could contact Kelly at Town Hall to get on the agenda for a Select Board meeting.



- Dan mentioned that there are some conflicts with our new meeting time and suggested we change to 11:00 am on the second Wednesday. All were in agreement.
- There was no "Friends" report since Jim Brown could not attend.
- No Health Fair update yet.
- Damion will follow up with the Police Department regarding the Senior Dinner where the Senior of the Year (2021) will be honored.
- Next meeting is April 12, 11:00 am.

Meeting adjourned at 9:56 am.

Respectfully submitted

Katherine Black

