

TOWN OF TRURO
11:57 AM

AUG 17 2022

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Truro Council On Aging Board
Meeting Minutes
July 12, 2022, 9:00 am

In attendance: Dan Schreiner, Kat Black, Sue Girard-Irwin, Apryl Shenk, Jim Brown, Damion Clements

MINUTES

Sue suggested that regarding the Senior Citizen of the Year nominees that we should either note all of their names or none. It was agreed to add all the names of the nominees to the minutes. Apryl made a motion to accept the minutes as amended. Sue seconded. Minutes approved.

SENIOR CITIZEN OF THE YEAR

Sue asked that we review the second nomination submission for Cathy Staff, since it included much more detail about all the various organizations that Cathy has worked with and the volunteer work she has done. Dan read this nomination aloud and shared it on the screen. Kat made a motion to select Cathy Staff to honor as senior citizen of the year. Apryl seconded the motion. Unanimously approved.

INTERIM DIRECTOR'S REPORT

Damion went over his written report (available by request) and discussed briefly the reorganization of the departments as the new Community Services Department, joining Recreation & Beach with the Council on Aging. He referred to the Outreach report, which is also available by request. He mentioned the new arthritis exercise program which has not had many signups, so it may be postponed until the fall. The Senior Municipal Service Program still has some openings. 5.5 full time slots are available.

UPDATE ON BARBECUE PROPOSAL

Sue reported that there will be a meeting relatively soon to discuss a revised proposal for a smaller barbecue. The Friends are not able to contribute to an event that would include all ages, as we originally were planning. Their funds are limited to providing for older adults programming. Damion said that he thinks the department can provide for a smaller event for seniors either in August or September. In order to plan for a Town Wide event, a proposal should be for the fall of 2023, so that it could be included in the budget that will be prepared in the fall of 2022.

OTHER

Dan mentioned that he and Apryl attended a health fair in Eastham put on by the Eastham COA. He and Apryl represented his Home Care Company. There were many

vendors and non-profits there and it was well attended. Damion said that there have been health fairs at the COA in the past, but not for a few years. He will contact Dorothy at the Eastham COA to ask for her contacts and see if we can set up our own health fair in the near future.

Goals and Objectives were not addressed. There was no old business discussed.

UPDATE FROM FRIENDS OF THE TRURO COA

Jim Brown reported that the Friends were asked to contribute to the Truro Community Kitchen, which they did. They found that the majority of the recipients of the meals are seniors.

Meeting adjourned at 9:34 am.

Respectfully submitted,



Katherine Black

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